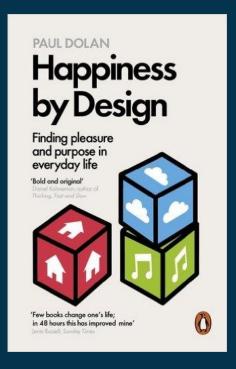








PAUL DOLAN
PROFESSOR OF BEHAVIOURAL SCIENCE, LSE













# MAGAZINE MEDIA MAKES YOU HAPPY BECAUSE IT UNIQUELY SATISFIES PLEASURE AND PURPOSE, AND THAT CREATES A WELCOME ENVIRONMENT FOR ADVERTISING







Emotions	Aroused	Not Aroused
POSITIVE	Joyful, Excited	Content, Calm
NEGATIVE	Anxious, Angry	Sad, Depressed







### ACTIVITIES THAT BRING US...

Pleasure	Purpose
Being with friends	Volunteering
Being outdoors	Working
Eating	Spending time with children
Watching TV	Homework
Music	



### SUBJECTIVE WELL-BEING



- Overall, how satisfied are you with your life nowadays?
- Overall, how happy did you feel yesterday?
- Overall, how anxious did you feel yesterday?
- Overall, how worthwhile are the things that you do in your life?

A white paper to inform how the UK government should collect wellbeing data

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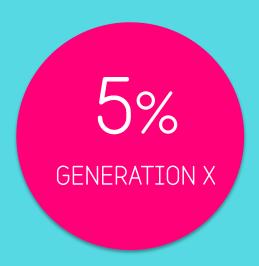


POSITIVE SHIFT
IN SUBJECTIVE
WELLBEING WHILE
CONSUMING
MAGAZINE CONTENT



# THE SHIFT IS MORE PRONOUNCED FOR YOUNGER GENERATIONS





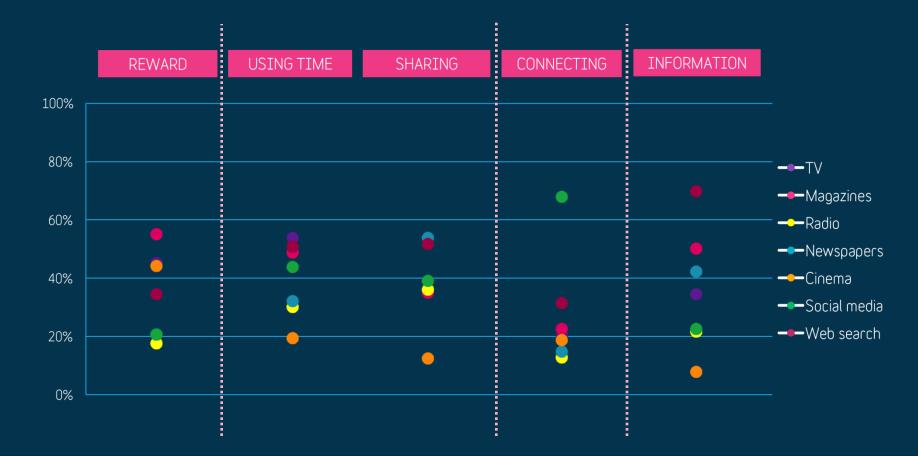






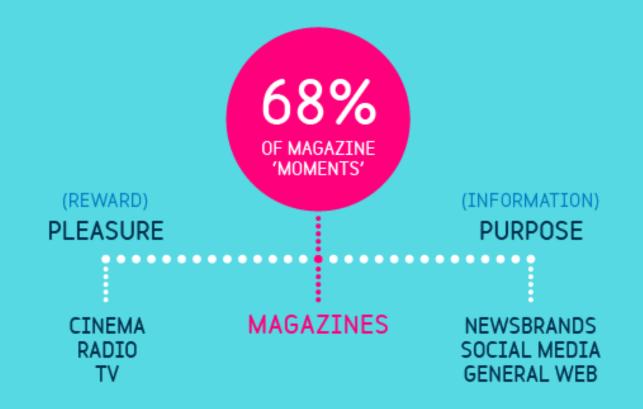






## M

### UNIQUELY MAGAZINES DELIVER BOTH PLEASURE & PURPOSE





# ADVERTISING IN MAGAZINE MEDIA







### OUTRIGHT REJECTION

**AMBIVALENCE** 

**OPENESS** 

**ACTIVE CONSUMPTION** 











Advertising distracts from the experience

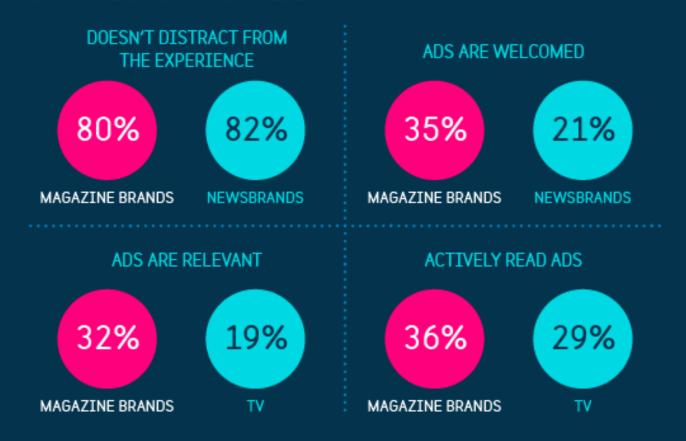
Adverts are relevant to me

Advertising is welcome

Hook at /read the adverts

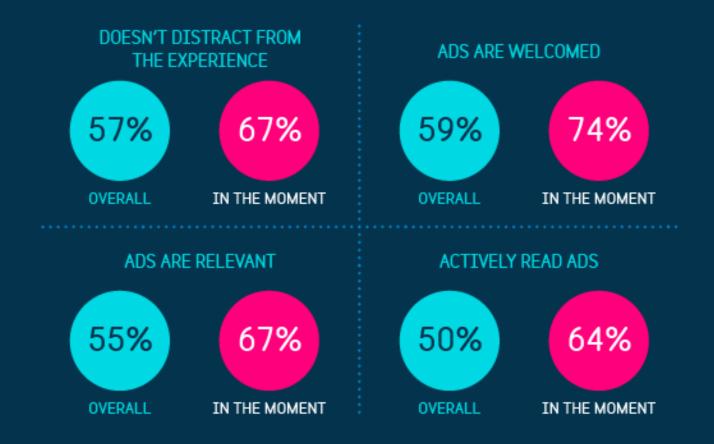


# ADVERTISING IN MAGAZINE BRANDS COMPARED TO OTHER MEDIA



# M

#### ADVERTISING IN MAGAZINE MEDIA





- In a world with a surplus of content, much of that for free, magazine brands continue to thrive because they make people happy
- Uniquely magazine media satisfies both pleasure and purpose which is a valuable role in a climate of declining attention and rising anxiety
- In a challenging marketing environment declining ad receptivity this happy context provides a welcome environment for advertising









PURPOSE

Profession	% agreeing that they are happy
Florists and gardeners	87
Plumbers and water workers	76
Marketers and PR people	75
Scientists and researchers	69
Leisure and tourism workers	67
Doctor / Dentist	65
Architect	62
Teachers	59
Electricians	55
HR and personnel staff	54
IT and telecoms workers	48
Bankers	44



Doctor / Dentist



Florists and gardeners



IT and telecoms workers



Scientists and researchers



Plumbers and water workers



